

Are children allowed to have extra main meals?

Limited choices of allergens and vegans meals

WE DID



Children are welcome to ask for extra if they feel the portion served is not adequate. The team will always encourage the children to have a main meal with fresh vegetables. The children can help themselves to the salad bar as much as they like and choose from one of the dessert choices (fresh fruit, yoghurt and cake)

We have adapted some dishes of the current menu so you are aware of the choice provided to your child. Vegan and gluten-free menus are now available on the school website.



Reduce the amount of sugary cakes

Weekly menus to the parents would be very helpful.

WE DID



We have introduced a no refined sugar dessert on Tuesdays, jelly with fresh fruit on Wednesdays and fruit salad on Fridays. Yoghurt is served every day as well as a fresh fruit platter, reducing the amount of refined sugar. Cakes are only served on Monday and Thursday.

The menus for the term are available on the school website.



Burger bun with sesame seeds

Puddings suitable for egg allergic child

WE DID



We have sourced burger buns with no seeds or advisory ingredients so they are safe for a child with a sesame seed allergy. However, the hot dog buns are produced in a factory that handle sesame seeds. Although the actual product does not contain sesame

seeds, it has an advisory

note.

Gluten, egg and milk-free desserts will be available on Mondays, Tuesdays and Fridays for children with allergens and for vegans (in addition to fruit).



Raw vegetables like cucumbers or carrots that are not mixed in with a salad.

Really liked the old burgers but do not like the new burgers

WE DID



The salad bar has a minimum of eight salads freshly made every day which consist of six raw plain ingredient options and two complex salads. The salad menu is displayed on school website.

We have discussed this with our supplier and the next time burgers are served they will be to the "old" burger recipe.



My child doesn't like the food choice

WE DID



We try to tailor the menu as much as we can to suit all children. However, feeding 530 children every day can sometimes be challenging. Please discuss the menu with your child to encourage them to try new dishes. Accent will also be meeting with the school council to obtain feedback from the children on what we could do to improve food choices. The children can also choose either of the two main meals on offer.



We feel the menu should be more creative to encourage new tastes and flavours.

WE DID



As part of our initiative to promote healthy eating, we have the "little allotment" which will focus on a particular ingredient each month and its health benefits. We have our celebration days to expose the children to new dishes. You can also find some of the recipes we prepare throughout the month on the school website, to try at home.



Bit more variety so there is a two week rotating menus rather than one week

WE DID



We have a three week rotating menu for both main meals and salads. The menus also change every September, January and April.