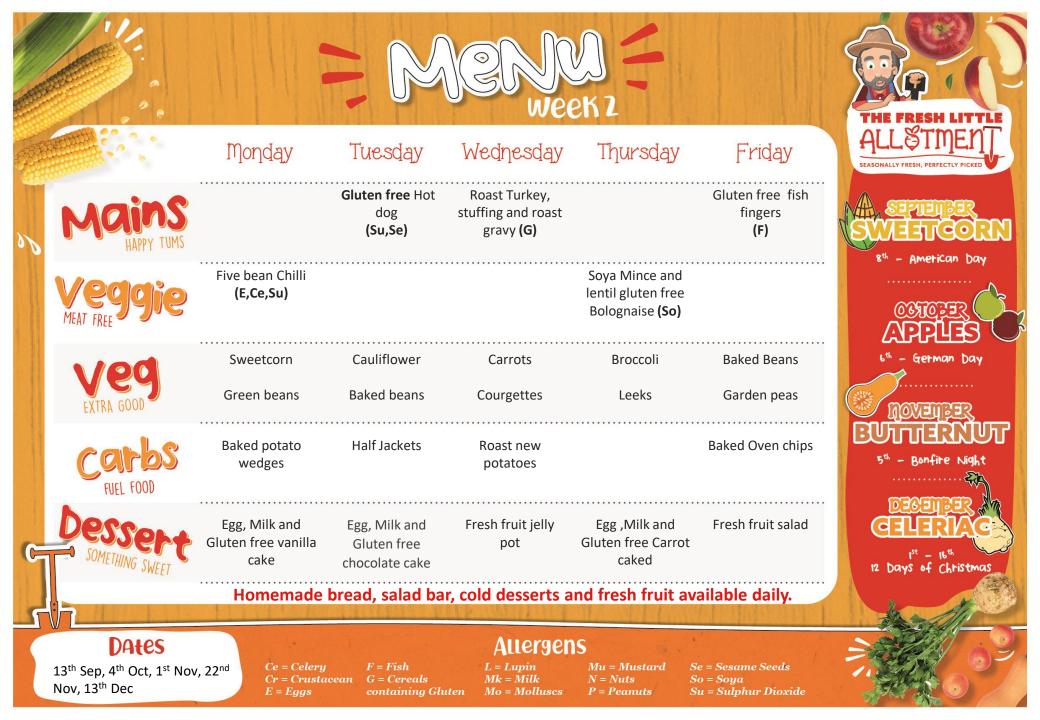
				JENA we	eki		THE FRESH LITTLE
THE REAL	Call C	Monday	Tuesday	Wednesday	Thursday	Friday	ALLSTMENT SEASONALLY FRESH, PERFECTLY PICKED
<i>S</i> <i>C</i>	Mains HAPPY TUMS		Pepperoni pizza (So,Mk) Gluten free pizza base	Roast chicken and roast gravy	Gluten free pasta bolognaise	Gluten free fish fingers	8 th - American Day
	Veggie MEAT FREE	Vegetable and Quorn curry (E)					CONCEPTS CONCEPTS
	VEG EXTRA GOOD	Roasted carrots Broccoli	Sweetcorn Green beans	Steamed cabbage Cauliflower	Green beans Carrots	Baked beans Garden peas	6th - German Day
	Carbs FUEL FOOD	Steamed Rice	Seasoned wedges	Roast potatoes		Baked oven chips	5 th - Bonfire Night
G	Dessert SOMETHING SWEET	Egg, Milk and Gluten free chocolate cake	Egg ,Milk and Gluten free Carrot caked	Fresh fruit jelly pots	Sugar free banana flapjack (G)	Fresh fruit salad	DECENTER CELERIACE 1 st - 16 th 12 Days of Christmas
		Homemade	bread, salad bar	, cold desserts a	nd fresh fruit av	ailable daily.	
Contraction of the local division of the loc	DAtes 6 th Sep, 27 th Sep, 18 th Oct, Nov and 6 th Dec	15^{th} $Ce = Celer$ $Cr = Crust$ $E = Eggs$		Allerger L = Lupin Mk = Milk ten Mo = Molluscs	Mu = Mustard S N = Nuts S	le = Sesame Seeds lo = Soya lu = Sulphur Dioxide	



			CENK wee	А ск 3		THE FRESH LITTLE
STREET, S. C. C. C.	Monday	Tuesday	Wednesday	Thursday	Friday	ALLSTMENT SEASONALLY FRESH, PERFECTLY PICKED
Mains HAPPY TUMS		Mild Peri Peri chicken	Pork sausages (Su,E)	Beef burger in a gluten free bun (Se)	Gluten free fish fingers (F)	SEPTEMBER SVIETGORN 8 th - American Day
Veggie MEAT FREE	Vegan Tandoori cauliflower Taka Dhal with rice		Veggie sausages (Su,E)			CONCERS OF
VEG EXTRA GOOD	Garden peas Carrots	Sweetcorn Courgettes	Peas Cauliflower	Chef's salad Sweetcorn	Baked beans Garden peas	6 th - German Day
Carbs FUEL FOOD		Steamed rice	Creamy mash	Seasoned baked wedges	Baked oven chips	5 th - Bonfire Night
Dessert SOMETHING SWEET	Sugar free banana flapjack (G)	Egg, milk and Gluten free vanilla cake	Fresh fruit jelly pot	Egg, Milk and Gluten free chocolate cake	Fresh fruit salad	1 st - 16 th 12 Days of Christmas
	Homemade b	read, salad bar	, cold desserts a	nd fresh fruit av	ailable daily.	
DAtes 20 th Sep, 11 th Oct , 8 th Nov 29 th Nov	and Ce = Celery Cr = Crustace E = Eggs	F = Fish ean G = Cereals containing Glu	Allergen L = Lupin Mk = Milk ten Mo = Molluscs	Mu = Mustard S N = Nuts S	5e = Sesame Seeds 5o = Soya 5u = Sulphur Dioxide	